Club West Master's and Open Meet - October 22, 2017

10K/5K

Lane	Name	Gender	Age	Distance	Time
1	Mayne, Richard	M	53	5K/10K	19:05.92 // 39:38.8
2	Goldsmith, Shmuel	M	34	5K	19:02.23
3	Jackson-Garcia, Virgina	F	49	10K	49:37.22

3K/5K Race Walk

Lane	Name	Gender	Age	3K Time	5K Time
1	Campbell, Rick	M - 5K	71	19:33.17	32:35.07
2	Lawson, Paul	M - 3K	71	19:31.35	
3	Zamudio, Adrian	M - 3K	41	16:02.86	
4	Klein, Hank	M - 5K	65	20:50.54	40:42.48

Men's 800M Run

Lane	Name	Gender	Age	Time
2	Desai, Anchit	M	27	2:18.52
4	Matulionis, Gaudrimas	M	25	2:00.53
5	McBride, Perry	M	34	1:54.37
7	Rice, P.J.	M	69	2:18.12
8	Stuart, Joe	M	36	3:27.15
9	Thornton, Nicholas	M	36	1:53.96
10	Cabos, Diego	M	18	1:54.77

Women's 800m Run

Lane	Name	Gender	Age	Time
1	Braxton, Freddie	F	67	4:09.27
2	Stuart, Kristine	F	69	4:07.17
3	Byrne, Alisa	F	60	3:17.80

Men's 50m Dash

Heat 1

Lane	Name	Gender	Age	Time	Wind
2	Michon, Peter	M	66	7.63	-0.9
3	Davison, Jeffrey	M	60	8.06	
5	Miratti, Tony	M	70	8.73	
6	Strouse, Frank	M	77	8.23	

	7	Washington, Michael	M	69	8.74	
	8	Biersmith, Stephen	M	63	7.80	

Heat 2

Lane	Name	Gender	Age	Time	Wind
2	Andrade, Claudio	M	51	7.11	-1.3
4	Hartmann, Patrick	M	53	7.27	
5	Sawamura, John	M	47	7.10	
6	Franco, MarcoAntonio	M	47	6.87	
7	Willis, Marcellus	M	46	7.29	
8	Phan, Derick	M	44	7.06	

Heat 3

Lane	Name	Gender	Age	Time	Wind
3	Maturan, James	M	23	6.81	0
4	Morris, Joel	M	28	6.48	
5	Sims, Shawn	M	30	6.39	
7	Risley, Mike	M	48	7.07	

Women's 50m Dash

Lane	Name	Gender	Age	Time	Wind
3	Mann, Elly	F	41	7.64	-1.3
4	Michon, Michele	F	54	8.87	
5	Reid, Ersell	F	48	8.48	
6	Amarasekara, Veronica	F	56	7.81	
7	Jones, Rosielee	F	72	12.15	

Men's 100m Hurdles

Lane	Name	Gender	Age	Time	Wind
6	Davison, Jeffrey	M	60	20.67	0

Men's 100m Dash

Heat 1

Lane	Name	Gender	Age	Time	Wind
3	Harmon, Richard	M	68	16.57	0
4	Michon, Peter	M	66	14.38	
5	Strouse, Frank	M	77	15.28	
6	Craddock, Anthony	M	75	18.1	
7	Anderson, Gary	M	61	14.45	
8	Biersmith, Stephen	M	64	14.83	

Heat 2

Lane	Name	Gender	Age	Time	Wind
2	Harmann, Patrick	M	53	28.29	0.1
3	Phan, Derick	M	44	12.93	

4	Sawamura, John	M	47	13.16	
5	Rizzo, Steve	M	50	13.24	
6	Andrade, Claudio	M	51	13.11	
7	Franco, MarcoAntonio	M	47	12.39	

Heat 3

Lane	Name	Gender	Age	Time	Wind
1	Buenaventura, Bruce	M	38	12.14	0
2	Risley, Mike	M	48	12.68	
4	Singh, Noel	M	43	13.07	

Heat 4

Lane	Name	Gender	Age	Time	Wind
1	Athans, Caitlin	F	22	13.08	0
2	Lopez-Serrano, Marco	M	20	12.38	
4	Morris, Joel	M	28	12.01	
5	Sims, Shawn	M	30	11.88	

Women's 100m Dash

Lane	Name	Gender	Age	Time	Wind
3	Mann, Elly	F	41	13.98	
4	Michon, Michele	F	54	16.69	
5	Bergen, Kathy	F	77	16.35	
6	Reid, Ersell	F	48	15.15	
7	Amarasekara, Veronica	F	56	14.49	

Men's 400m

Heat 1

Lane	Name	Gender	Age	Time
2	Strouse, Frank	M	77	1:24.68
3	Stuart, Joe	M	69	1:24.59
6	Hardison, Steve	M	63	1:06.15

Heat 2

Lane	Name	Gender	Age	Time
1	Willis, Marcellus	M	46	1:02.57
2	Brown, Michael	M	43	55.32
3	Franco, MarcoAntonio	M	47	58.26
4	Goldsmith, Shmuel	M	34	1:05.64
5	Kian, Homan	M	45	55.46
7	Seaton, Douglas	M	54	1:02.31
8	Tebo, Michael	M	58	1:03.11

Heat 3

Lane	Name	Gender	Age	Time
1	McBride, Perry	M	43	51.33
2	Elmore, Cory	M	22	51.63
4	Griffin, Yusef	M	24	52.09
5	Matulonis, Gaudrimas	M	25	53.16
6	Russell, Kenneth	M	23	51.23
7	Cabos, Diego	M	18	51.75
8	Thornton, Nicholas	M	36	50.10

Women's 400m

Lane	Name	Gender	Age	Time	Wind
5	Riharb, September	F	53	1:33.17	
6	Stuart, Kristine	F	69	1:51.06	
7	Byrne, Alisa	F	60	1:21.06	

Men's 2000 Steeplechase

Lane	Name	Gender	Age	Time
2	Murdock, Ev	M	76	12:34.77

Men's 3000 Steeplechase

Lane	Name	Gender	Age	Time
1	Jackson, David	M	56	13:44.9

Men's 200

Heat 1

Lane	Name	Gender	Age	Time
2	Strouse, Frank	M	77	32.48
3	Tebo, Michael	M	58	28.69
4	Michon, Peter	M	66	30.21
6	Stuart, Joe	M	69	38.23
7	Washington, Michael	M	69	34.2
8	Whitley, Stan	M	71	29.26

Heat 2

Lane	Name	Gender	Age	Time
1	Risley, Mike	M	48	27.25
3	Franco, MarcoAntonio	M	47	24.69
5	Sawamura, John	M	47	28.11
7	Buenaventura, Bruce	M	38	24.74
8	Singh, Noel	M	43	26.85

Heat 3

Lane	Name	Gender	Age	Time
4	Sims, Shawn	M	30	24.61
6	Dudley, Keith	M	33	24.91

Women's 200m

Lane	Name	Gender	Age	Time
1	Stuart, Kristine	F	69	46.45
2	Ludwig, Rae	F	59	37.93
3	Michon, Michelle	F	54	35.92
4	Reid, Ersell	F	48	32.46
5	Riharb, September	F	53	39.94
6	Sawyer, Olivia	F	16	29.58
7	Athans, Caitlin	F	22	27.29
8	Byrne, Alisa	F	60	35.07

Men's 1500m

Lane	Name	Gender	Age	Time
2	Chao, Eric	M	42	5:10.96
4	Lopez-Serrano, Marco	M	20	4:26.63

Women's 1500

Lane	Name	Gender	Age	Time
2	Stuart, Kristine	F	69	9:08.83

4 x 100 Relay

Lane	Team	Time
1	John S. Mike R. Marco F. Keith D.	50.73
2	Pete M. Claudio A. Mike W. Joe S.	1:00.75
3	Michele M. Ersell R. Elle M. Olivia S.	1:00.28

4	Alisa Y. Freddie B. Rae Vicky G.	1:18.71

Discus

Women

Name	Age	Distance, m
Cadle, Kamryn	12	29.52
Cadle, Belle	15	27.27
Harris, Meyani	17	25.50
Trujillo, Dayanara	17	31.13
Steekelenburg, Annalies	69	19.27
Jones, Rosielee	72	10.31
Bergen, Kathy	77	16.89

Men

Name	Age	Distance, m
Moore, Corey	16	50.86
Fua, Gavin	17	51.32
Barry, James	59	29.23
Brown, Mr.	61	42.95
Prnjak, Gerald	68	39.04
Harvey, William	71	37.79
Hart, Larry	71	42.63
Pearce, Irv	72	29.34
Soule, George	77	23.22
Rosen, Alan	81	24.54

High Jump

Women

Name	Age	Height, m
Bergen, Kathy	77	1.15

Men

Name	Age	Height, m
Feliciano, Edwin	53	1.5
Berezovskiy, Victor	57	1.55
Stevens, Jeff	66	1.3
Harmon, Richard	68	1.2
Goodreau, James	72	1.4
Burrell, Otis	73	1.35
Bergen, Bert	79	1.2

Long Jump

Women

Name	Age	Distance, m	Wind
Mann, Elly	41	4.4	0.2

Men

Name	Age	Distance, m	Wind
Morris, Joel	28	5.25	0.2
Sims, Shawn	30	5.95	0
Phan, Derick	44	4.95	0
Risley, Mike	48	5.12	0.6
Rizzo, Steve	50	4.93	0
Pittman, Patrick	65	3.23	0
Stevens, Jim	66	4.12	0.6
Harmon, Richard	68	3.89	0

Pole Vault

Men

Name	Age	Height, m
Andrade, Claudio	51	3.35
Stoll, Jon	57	3.65
Berezovskiy, Victor	57	3.2
Morris, Steve	68	2.45
Woodring, Tom	81	No Height

Shot Put

Women

Name	Age	Distance, m
Cadle, Kamryn	12	10.10
Cadle, Belle	15	9.51

Harris, Meyani	17	10.88
Trujillo, Dayanara	17	8.68
Cohn, Linda	64	8.44
Jones, Rosielee	72	5.71

Men

Name	Age	Distance, m
Moore, Corey	16	14.89
Peterson, Mr.	57	13.48
Harmon, Richard	68	8.40
Harvey, William	71	13.40
Pearce, Irv	72	8.18
Soule, George	77	8.80
Rosen, Alan	81	7.94

Standing Long Jump

Men

Name	Age	Distance, ft
Stevens, Jim	66	7' 10"
Soule, George	77	6' 2.5"
Bergen, Bert	79	6' 4.75"

Triple Jump

Women

Name	Age	Distance, m
Pinne, Marija	43	9.66

Men

Name	Age	Distance, m
Sims, Shawn	30	11.19
Phan, Derick	44	9.79
Pittman, Patrick	65	7.77
Stevens, Jim	66	8.32
Burrell, Otis	73	7.48

Weight Throw

Women

Name	Age	Distance, m
Cadle, Belle	15	6.7
Harris, Meyani	17	10.62
Trujillo, Dayanara	17	8.43

Stevenson-Collins, Jayla	21	12.9