

70th SANTA BARBARA EASTER RELAYS YOUTH/OPEN/MASTERS TRACK AND FIELD MEET

SUNDAY MARCH 16, 2008
SBCC'S OCEAN-FRONT LA PLAYA STADIUM

9AM 5000m, on the track, all ages (12+ laps, 3.1 miles, may have 2 heats)
9:45AM 100m (youngest first) 10AM SHOT PUT (oldest first)
11AM 400m (youngest first) 11AM LONG JUMP (oldest first)
NOON Mile Run & Walk (youngest first)
12:30 4x100m and 4X400m (youngest first)

HIGH JUMP TEACHING CLINICS – JHS 10AM TO NOON – ELEMENTARY NOON TO 2

ENTRY FEE \$5 (allows entry into all events). Sign up race day only, but try to email pre-entries (listing name, grade, school or club) to kyoung@sbre.com. Heats in the 100m will be run in girls and boys races by grade level starting with Kindergarten and up through masters. This year Finals will be held for the top 8 if there are multiple heats in a grade. Field events will be conducted in flights: Masters/Open, JHS and Elementary. Ribbons to first 300 participants, no T-shirts or awards. Times and distances will be available at the meet; top 8 posted at www.easterrelays.com. USATF sanctioned, but records not certifiable. We will provide athlete name tag/stickers on race morning; teams may pre-print their own (list name, grade, school or club). Bring an umbrella for shade or rain! Post race refreshments from McConnell's Ice Cream. Info SB Easter Relays Committee Kevin Young 564-3400 kyoung@sbre.com

More Easter Relays: Friday March 21 Junior College, Saturday March 22 High School
Watch for the Club West All-County Track and Field Youth Championships Sunday May 4
Consider joining SB's Club West Youth Track Club: www.clubwestyouthtrack.org

ENTRY FORM:

Name: _____ Male or Female: _____
Grade in school (not age!): _____
Your school name or track club: _____
If you are an open/masters runner, your age: _____

Waiver: For myself and my heirs, I individually and on behalf of my child, children or wards waive and release any and all rights and claims for injuries or damages I may have against the Easter Relays Committee, SBCC, USA Track and Field, meet officials and volunteers, for any and all injuries suffered by me or my child at the meet. I have verified that I am or my child, children or wards is/are physically fit to compete in these events, and I am aware of any and all dangers inherent in such meets.

Signature (parent must sign if under 18)

date